

21 NCAC 14T .0603 APPRENTICE COSMETOLOGY CURRICULUM

(a) An apprentice cosmetologist training course shall begin with infection control and blood exposure procedures as defined in 21 NCAC 14H .0403 and .0404 and consist of 1200 hours of instruction as defined in 21 NCAC 14T .0612(c).

(b) Students shall pass the infection control and blood exposure procedures evaluation plan with a score of 100 percent.

(c) Each school shall develop and use required evaluations for each of the Board required services listed in this Paragraph. Evaluation plans shall include a minimum of infection control, tool safety, client consultation, draping, and safe application and be recorded in the student's permanent file. Teachers shall ensure students follow infection control, tool safety, draping, and safe application of products for all service performances. Students shall receive guided theory, demonstration, guided practice, independent theory, and practice, and pass the evaluation plan, prior to performing services on a live model:

- (1) Blow drying and hot iron;
- (2) Hair cut with shears, a razor, and clipper;
- (3) Color application including virgin and retouch;
- (4) Relaxer application including virgin and retouch;
- (5) Permanent waving;
- (6) Basic manicure;
- (7) Basic pedicure;
- (8) Basic facial including steam; and
- (9) Waxing.

(d) Each school shall develop and use evaluation plans for each of the cosmetic art services listed in this Paragraph. Evaluation plans shall include a minimum of infection control, tool safety, client consultation, draping, and safe application services to a client. In addition to the requirements set forth in Paragraph (a) of this Rule all students shall receive guided theory, demonstration, guided practice, independent theory, and practice, and perform the following services:

- (1) Shampooing;
- (2) Roller sets;
- (3) Pin curls;
- (4) Ridge curls with C shaping;
- (5) Fingerwaves;
- (6) Artificial hair;
- (7) Up-styles;
- (8) Pressing or thermal;
- (9) Blow drying;
- (10) Hot iron;
- (11) Styles that apply tension (twists, braiding, locs, or knots);
- (12) Solid form cut;
- (13) Elevated cut;
- (14) Cut with tapered or thinning shears;
- (15) Razor cut;
- (16) Clipper cut;
- (17) Shears over comb cut;
- (18) Clippers over comb cut;
- (19) Virgin darker;
- (20) Virgin lightener;
- (21) Retouch;
- (22) Foil;
- (23) Freehand painting;
- (24) Relaxer;
- (25) Permanent waving rod placement rectangle, or contour or bricklay-overlap or spiral;
- (26) Basic manicure or pedicure;
- (27) Artificial nails;
- (28) Basic facial;
- (29) Waxing including face and body;
- (30) Hair removal with tweezers;

- (31) Hair removal with razor;
- (32) Makeup application;
- (33) Lash lift and brow lamination;
- (34) Artificial lashes; and
- (35) Lash and brow tint.

*History Note: Authority G.S. 88B-4; 88B-16;
Eff. January 1, 2012;
Amended Eff. January 1, 2015; June 1, 2013; September 1, 2012;
Readopted Eff. January 1, 2016;
Amended Eff. April 1, 2023; September 1, 2020; October 1, 2019;
Readopted Eff. April 1, 2026.*